

Residential Aged Care



Calvary

Springvale

Hospitality
Healing
Stewardship
Respect

Continuing the Mission of the Sisters of the Little Company of Mary

WELCOME TO CALVARY SPRINGVALE

Just moments from the town and beach of Torquay, Springvale is a warm and welcoming modern care home, bringing a new standard of aged care to this popular seaside location.

With its name meaning 'meeting place by the water', Springvale is all about enjoying the best of this seaside location at your door, as well as the comfort of your own private room and ensuite.

From spending time outdoors in the gardens and nearby walking trails to relaxing in the day rooms with friends, or taking part in our engaging lifestyle program, at Springvale we want you to enjoy the full quality of life which Calvary can offer.



“As one of the leading not-for-profit healthcare providers in Australia, our mission is to provide quality, responsive and compassionate health, community and aged care services through ‘being for others’.”

Calvary Health Care



LIFESTYLE



Community, Entertainment & Education

From movie nights and mah-jong to special cultural celebration days, there's always something happening at Calvary Springvale. Our lifestyle program offers a rich and rewarding range of activities designed for the wellbeing of everyone.

Watch your favourite film, enjoy a music performance and join in the fun of a singalong.

With landscaped gardens and secluded courtyards, there are outdoor spaces and fresh air to enjoy at any time.

Keep your mind healthy and sharp with a range of board games, cards, quizzes and other social activities.

With local community visits, you'll stay connected to everything you already love about the neighbourhood.

Brush up on a skill or develop a new passion, with a range of activities on offer such as woodworking, dance, art and craft.

Enjoy the convenience of a haircut without leaving home.





CARE

Health, Wellbeing & Safety

Our accommodation, along with a range of indoor and outdoor spaces, provides a welcoming place to live. Enjoy the privacy of a single room, while our shared rooms are perfect for couples who would like to live together while receiving the benefits of 24-hour care. All rooms enjoy peaceful garden views.

Single rooms with ensembles

Double rooms with ensembles

Relaxing day rooms and lounges

Beautiful gardens and courtyards

Dining room

Lifestyle and activity room



COVID safe

We have a Covid-19 Outbreak Management Strategy and are committed to keeping our residents and staff safe.

FOOD



Healthy, Hearty & Delicious

We serve a seasonal menu prepared fresh by our chef. Here's just a taste:



Sample Menu

BREAKFAST

A full continental breakfast including cereals, fruits and porridge

LUNCH

Grilled chicken salad with herb croutons

•
Cinnamon pears with custard

DINNER

Hearty scotch broth

•
Chickpea curry with rice and green beans

•
Fresh fruit salad with coulis and yoghurt

ASIAN MENU LUNCH

Spare rib with black bean sauce

•
Seasonal vegetables

ASIAN MENU DINNER

Gingko and pork belly soup

•
Chicken stir fry with choy sum

STAY





Our accommodation, along with a range of indoor and outdoor spaces, provides a welcoming place to live. Enjoy the privacy of a single room, while our shared rooms are perfect for couples who would like to live together while receiving the benefits of 24-hour care. All rooms enjoy peaceful garden views.

Cosy, Comfortable & Modern

Single rooms with ensembles

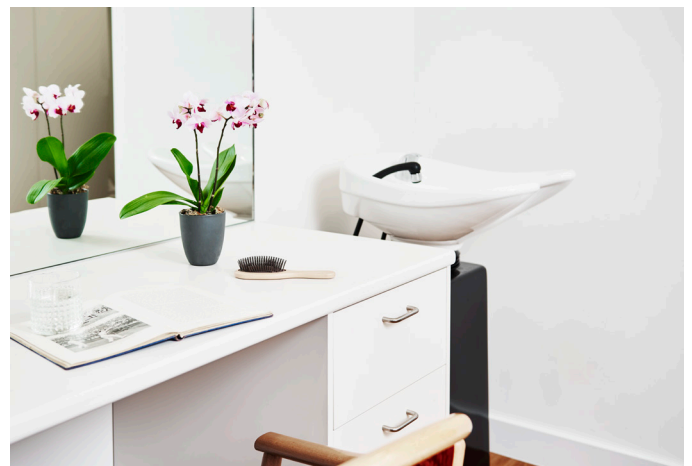
Double rooms with ensembles

Relaxing day rooms and lounges

Beautiful gardens and courtyards

Dining room

Lifestyle and activity room



STAFF



Passionate, Professional & Dedicated

Our staff are at the centre of Calvary. We follow the principle that happy staff means happy residents and we are united by our common goal to deliver excellent care, every day.

We are proud that almost everyone who works at Springvale is a Calvary staff member, including our care, kitchen, maintenance and cleaning staff. This means we have all undergone the rigorous Calvary recruitment process and that we are being frequently trained and educated in our professions.

Home Manager with a nursing background

Qualified care staff, guided by our 135 year history in care

Stringent recruitment process

Continuous training and education

LOCATION



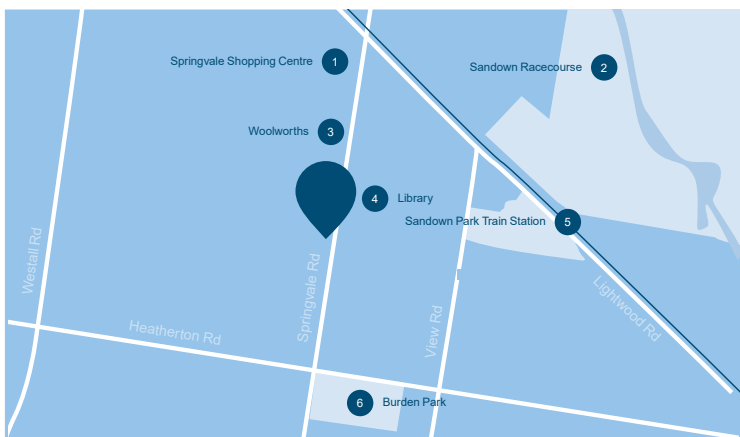
Picturesque, Friendly & Accessible

We're right at home in the heart of Springvale.

Our location is ideal for residents, with Springvale Shopping Centre in walking distance, a library opposite our home, and public transport close by including buses and trains.

Residents enjoy catching up with friends and family over a meal, spending time outdoors at local parks, or just relaxing in our own sunny courtyards. We welcome visitors at any time of day.

At Calvary, we maintain close links with the surrounding community, with regular visits from guests, religious leaders and local groups.



Monash Medical Centre
6.5 km, 12 min drive



Burden Park Bowling Club
700 m, 2 min drive



Springvale Vietnamese Evangelical Church
1.3 km, 3 min drive

LIVING + JOURNEY



Individual Care & Wellbeing

We ensure that you are cared for. At Calvary Springvale, you can enjoy the following aged care services:

Short-term Respite

Respite care is ideal for when family and friends need a short break from looking after their loved one, or when an elderly person has left hospital and is not quite ready to return home. Individuals generally stay for a minimum two weeks. Meals, laundry, cleaning and any clinical care required are all provided, and residents are encouraged to take part in the leisure and lifestyle activities available.

Residential Aged Care

Residential aged care is when an individual moves into one of our homes. They have the benefits of 24-hour care, beautiful and homely accommodation, meals and domestic services, and both social and mental stimulation through the leisure and lifestyle activities available. Care is tailored to the individual.

Rehabilitation Care

Rehab care is short-term, supporting older people following a hospital stay. The major goal of rehabilitation is for older people to achieve mobility and self-care with minimal assistance. Our on-site physiotherapist and care coordinator will work together with you to tailor a rehabilitation program that best suits you.



“At Calvary Assist, we will help you navigate the journey to the care that is most suitable, ranging from respite to residential aged care, dementia care or palliative care.”

Jess Suraci
Calvary Assist Manager



Trust, Support & Confidence

Calvary has a long history of supporting our residents as they take the journey into aged care - and we know there's a lot of questions.

That's why in 2019, we created the Calvary Assist team. Formed from our most passionate and caring team members who have a wealth of experience, our dedicated customer service team is here to assist you with every step of your journey. From enquiring about homes in your area to providing assistance and guidance in understanding the aged care journey, our Calvary Assist team is here to help.

Calvary Assist - 1800 52 72 72
Monday to Friday, 9am-5pm

ENQUIRE TODAY

To arrange a complimentary tour, please call us on **1800 52 72 72** or visit **calvarycare.org.au**



Founded in 1885 by the Sisters of the Little Company of Mary, Calvary is a charitable, not-for-profit, Catholic health care organisation.

Our mission is to provide quality, responsive and compassionate health, community and aged care services through 'being for others'.

With over 18,000 staff and volunteers, we have a national network of 14 Public and Private Hospitals, 72 Residential Aged Care and Retirement Villages and 19 Community Care service centres.



Calvary would like to thank all residents, family members and staff who helped to create this brochure.

Where images from this home are unavailable, photography from our other homes may be used.

Calvary Springvale
340-344 Springvale Road
Springvale VIC 3171
Call 03 9546 6133