



### Meet Calvary Mirridong, the much-loved modern living you'll be glad to call home.

Here, you'll find comfort and convenience, with every detail taken care of.

Courtyards and gardens provide restful outlooks and outdoor spaces. Rooms are spacious and well-appointed. Welcoming communal areas host leisure activities and good company.

Living here, your health, wellbeing and independence will be our top priority every day. Because at Calvary, caring for others is what we care about most.

Start a new chapter at Calvary Mirridong.





Set in the heart of historic Bendigo, this contemporary home is light-filled and spacious with every modern comfort.

Gardens and courtyards provide peaceful spaces to quietly relax or catch up with company.



Enjoy a garden or courtyard outlook from a private suite designed for care and relaxation—to help you feel rested and ready to make the most of every day.





### **Delicious** food at your service.



#### Enjoy a taste-filled menu prepared by our on-site chef.

Start your day with a fresh fruit or cooked breakfast and find new tastes and old favourites in the delicious lunch and dinner options. You'll never get bored with our ever-evolving seasonal menu.

Our chefs take great pride in designing a menu that caters for varied tastes, and great care in preparing all meals, ensuring all dietary requirements are followed.

Dine with your fellow residents in the communal dining area or in the comfort of your own room with meals delivered to your door. Enjoy finding company, sweet treats and savouries, hot drinks and refreshments in our own cafe.

## oreakfast Buffet

### lunch

- Farmhouse beef hot pot
- Cinnamon pears with custard

### dinner

- Hearty Scotch broth
- Roast chicken and vegetables
- Queens pudding with cream



From brain games and walking groups to barbecues and bus trips, there's always something to keep you busy.

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'Me' time? Our on-site salon will keep you looking good and feeling great.









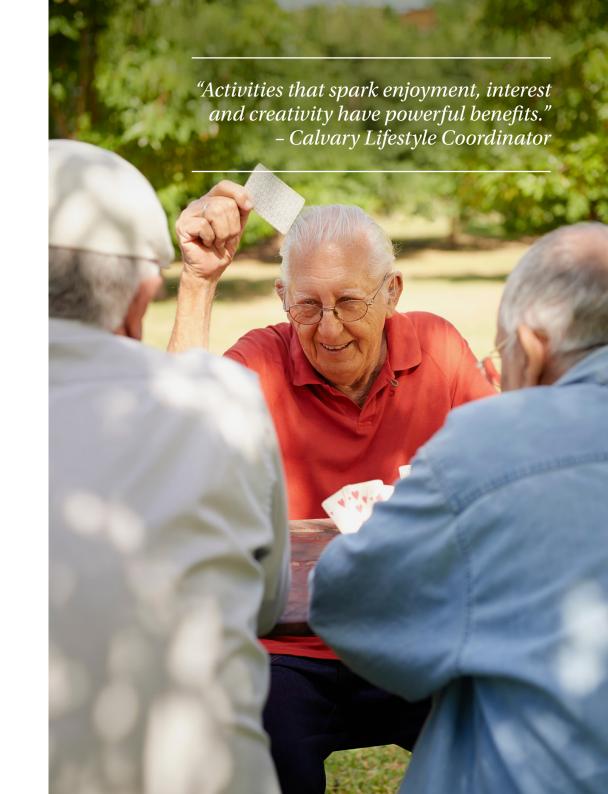
### Do what you love or discover something new.

Our personalised lifestyle options support your health and wellbeing.

We provide a range of activities designed to keep mind and body active and deliver a healthy dose of enjoyment. There's something for all residents, including

those with reduced abilities. We know that everyone benefits from keeping active, being creative and having fun.

Here you'll find lots of options to match your interests and make your day. Try a new activity that brings out your creative side. Join in on group activities such as exercise classes, table games, movie nights, music sessions and more. We keep strong ties to the community around us with regular outings and extending invitations to local entertainers and speakers to visit us.



## keeping you safe





### Providing a lifetime of care is our life's work.

At Calvary Mirridong, we deliver the highest levels of clinical and residential care in a comforting and modern environment.

We have a stringent Covid-19
Outbreak Strategy and are
committed to keeping our
residents and staff safe. Each
of our residents has access to a
24-hour emergency call system,
so you can rest assured that
someone is always on hand
should you need support in
your new home.

We offer a level of care that is personalised for each resident, including access to preferred GP and therapy plans tailored to meet everyday needs.

We are always seeking new ways to learn and to improve our services, quality standards and safety of care. We know well that working in partnership with our patients, residents and clients will help to ensure the best possible experience for all.



### Compassion is at the heart of all we do.

Our goal?
To deliver excellent care, every day.

We are proud that the majority of the staff who work at Calvary Mirridong are Calvary employees. This allows us to build strong teams and provide a consistent standard of care.

All staff undergo a rigorous Calvary-led recruitment process and continue to be trained and educated on the job.

We follow the principle that happy staff means happy residents and we are united by our common goal to deliver exceptional care to our residents.

We are also united in our motivation for care—which is beautifully summed up in these heartfelt comments by one of our Clinical Coordinators: "Trying to make a difference in our residents' lives is my biggest motivation. It's a great feeling to provide care with dignity and respect. It gives me peace of mind, and it gives that also to their families, knowing that their loved one is in good hands."





### Staying in or going out? Here, you will enjoy the best of both.

Calvary Mirridong is well placed to enjoy all that Bendigo offers—with a bus stop at the door to take you to all of it. Our residents enjoy the art gallery and high tea at the Botanic Gardens. Close to town and to Strath Village, it's easy to get to shops, cafes and amenities.

At home, you'll enjoy every comfort and the assurance of 24-hour care. Resident rooms are private, with an ensuite, a picturesque outlook and high-standard finishes. Out of your room, there are welcoming shared spaces for spending time with visitors or other residents.





Bendigo CBD



Bendigo Train Station



Strath Village



Bendigo Health



Strathdale Park

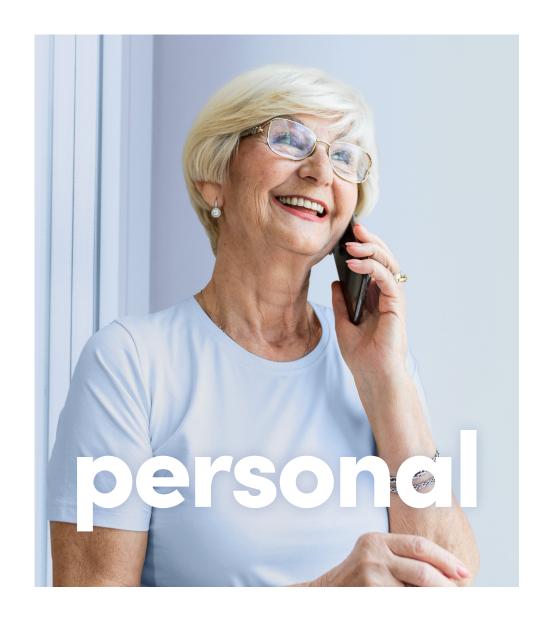
### Amenities and care.

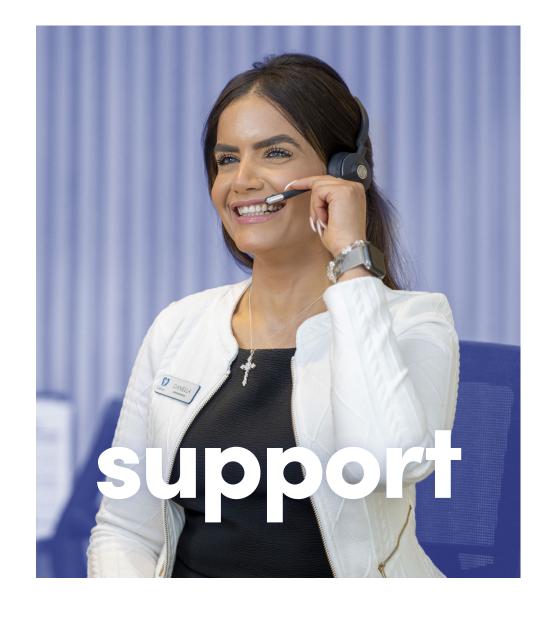
- Single ensuite rooms
- Lounging and dining areas
- Gardens and courtyards
- Secure specialised area for those with dementia
- On-site salon and cafe
- Activities room
- Dining room
- Residential Aged Care

#### **Residential Aged Care**

Residential Aged Care is the term given to permanent living within one of our homes. For our residents we provide 24-hour care, beautiful and homely accommodation, meals and domestic services, as well as social and mental stimulation through the leisure and lifestyle activities available. Care is tailored to the individual.







Not sure where to start?
Calvary Assist will help you to navigate to the right care for your needs.

Enquire today and speak with our friendly staff at Calvary Assist: **1800 52 72 72** 

Monday to Friday, 9am-5pm



# Continuing the Mission of the Sisters of the Little Company of Mary.

It all started with six courageous sisters on a mission to care for those in need.

In an abandoned stocking factory in Nottingham, England, Venerable Mary Potter and the Sisters of the Little Company of Mary began their mission of caring for the sick and dying. Inspired by the women who stood steadfastly with Jesus as he died upon the cross at Calvary, six courageous Sisters

sailed into Sydney in 1885 where they immediately began to care for those in need. Thus began Calvary's enduring legacy of care in Australia. Today, we continue their mission in that same Spirit of Calvary in our hospitals, home and virtual care services, retirement living and residential aged care homes.









#### Mirridong

92–100 McIvor Road, Bendigo Vic 3550

Enquire today with Calvary Assist: 1800 52 72 72

To view our other locations, visit: calvarycare.org.au